



TimeBanking

Created by Jacqueline Murphy Miller
for CultivateNC

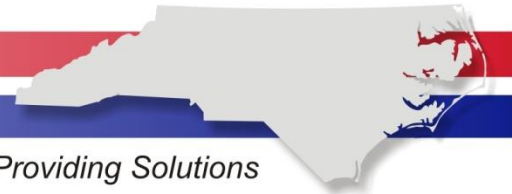


Empowering People • Providing Solutions

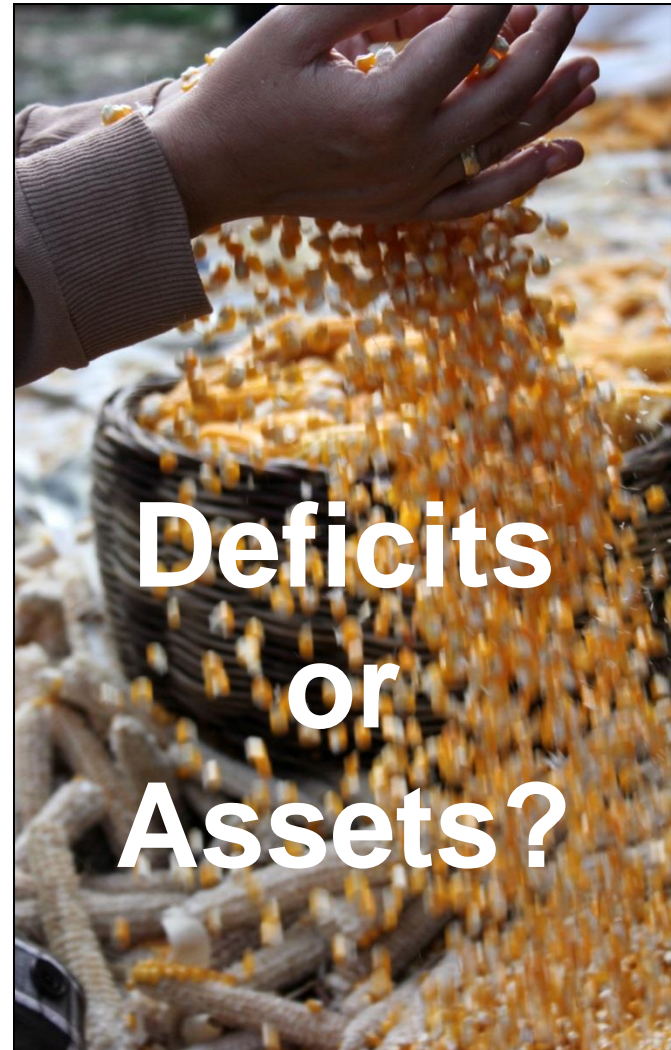


Time banking is a pattern of reciprocal service exchange that uses units of time as currency.

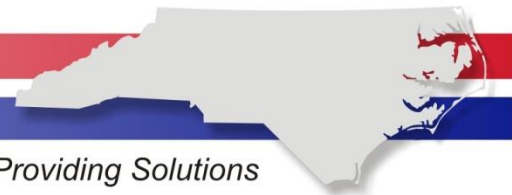
Wikipedia



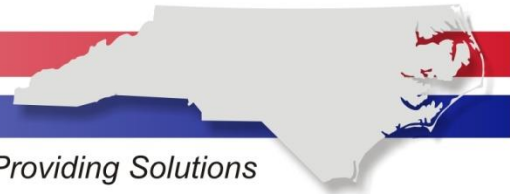
**Money for social
programs had
dried up**



**Deficits
or
Assets?**

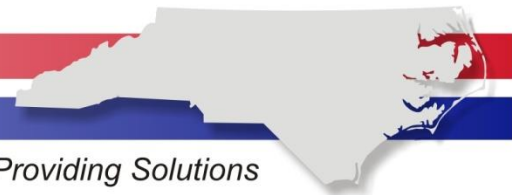


Rebuild the infrastructure of

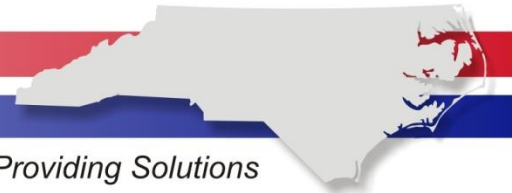


5 Core principles of TimeBanking

1. **Assets:** We are all assets and have something to give
2. **Redefining work:** Some work is beyond price
3. **Reciprocity:** Helping works better as a two-way street.
4. **Social Networks:** We need each other.
5. **Respect:** Every human being matters.

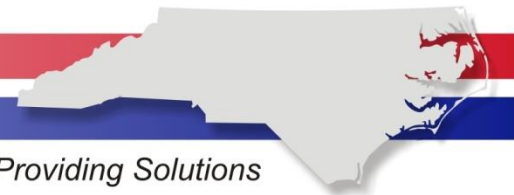


More than 300 time banks around the world

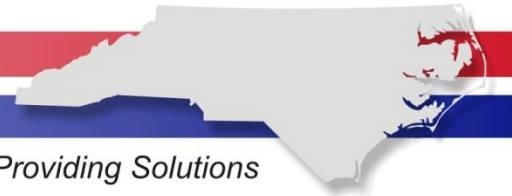
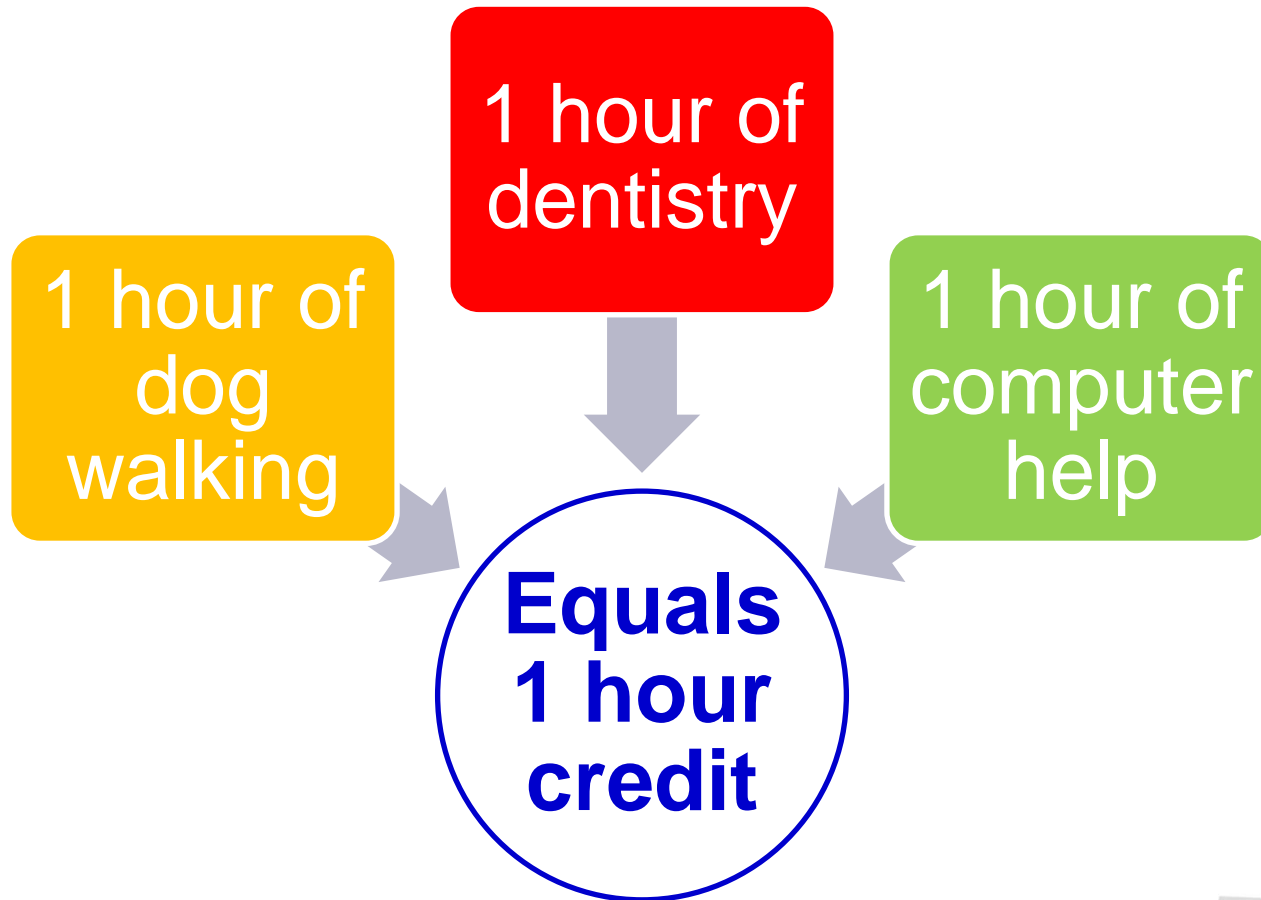


How does it work?

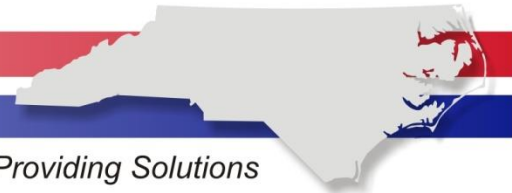
An hour of gardening equals an hour of childcare or dentistry or guitar lessons.



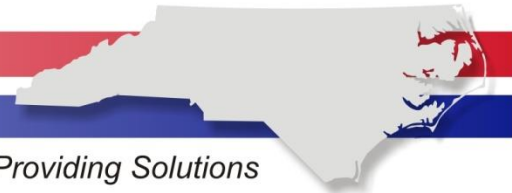
Hour Credits (HC)



TimeBanking vs Bartering



Exchanging goods is taxable; exchanging favors is not



What can time banking do for you

- Community safety
- Respite for caregivers
- Resident participation
- Environmental clean ups
- Mutual support for single parent families
- Neighborhood renewal
- Health improvement
- Peer to peer self-help
- Integrating people with physical or learning disabilities



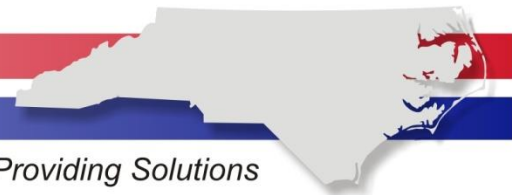
Dane County TimeBank Projects

- [Inclusive Community](#)
- [Youth Court](#)
- [Wellness Project](#)
- [Medical Transportation](#)
- [Maxine's TimeBank Store](#)
- [Healthy Community Economy](#)
- [Allied Community Co-op](#)
- [Neighborhood Care Teams](#)



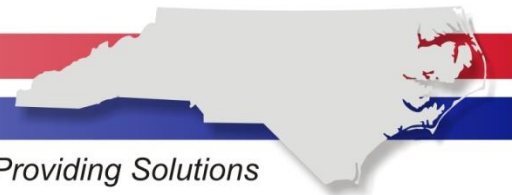
Just the facts

1. Time banks that succeed typically have part-time paid (in cash) staff.
2. Many successful banks are affiliated with a sponsor such as a community nonprofit.
3. Time banks generally organize around neighborhood clusters of about 150 to 300.
4. The sooner fledgling members make their first transaction, the more likely they'll forge a commitment.

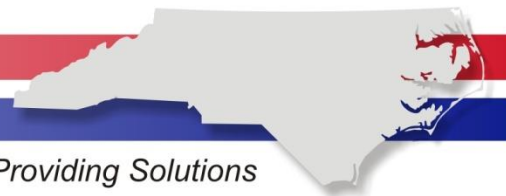
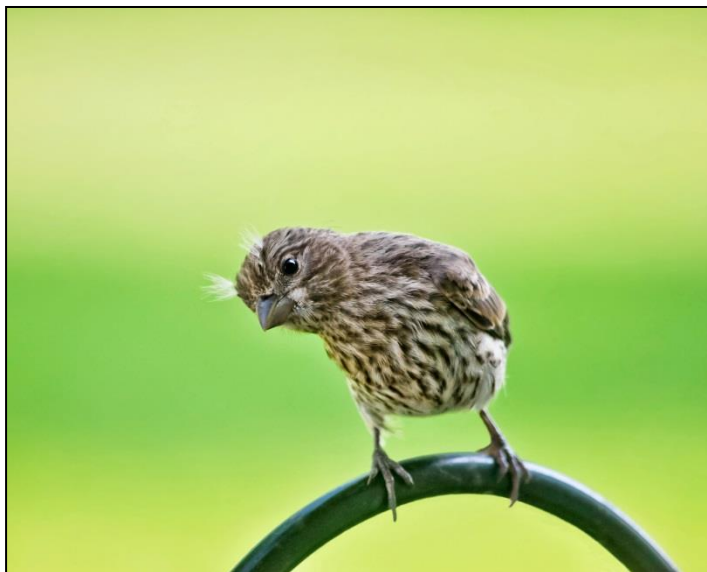


Four tips

1. Identify your goals, potential membership and resources
2. Get advice from other time banks and decide on an organizational structure
3. Limit your bank's boundaries
4. Engage new members quickly



A fledgling TimeBank must have both an online hub and a quid pro quo spirit

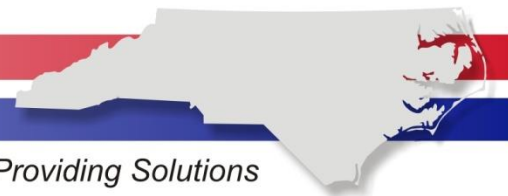


Recordkeeping

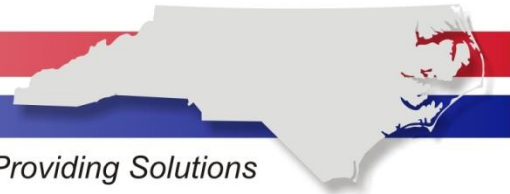
1. Time bank software
2. Coordinator who organizes the exchanges and records the hours



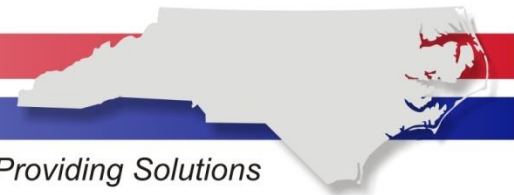
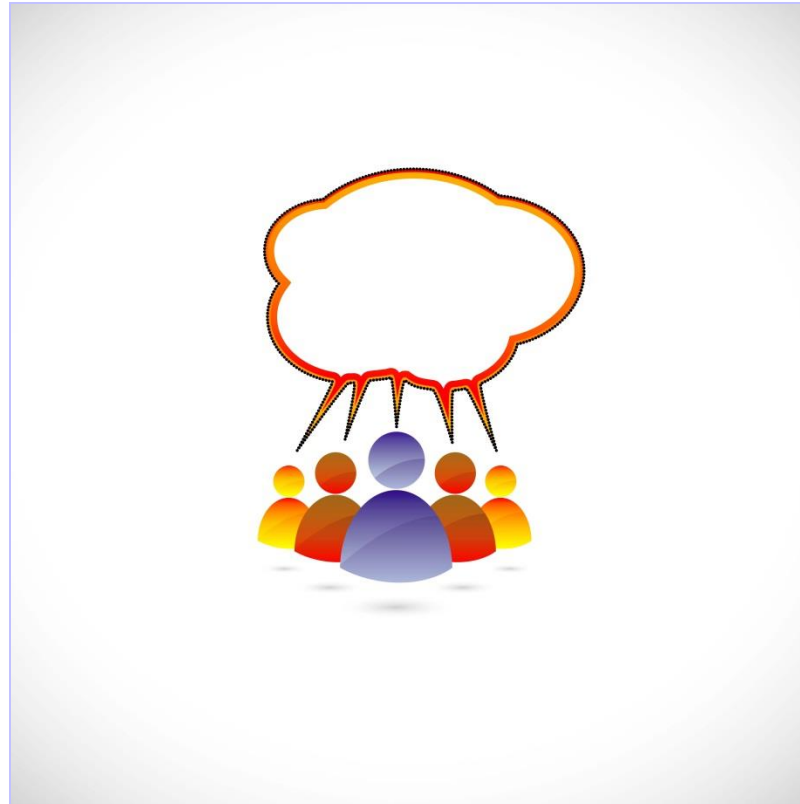
Community Weaver



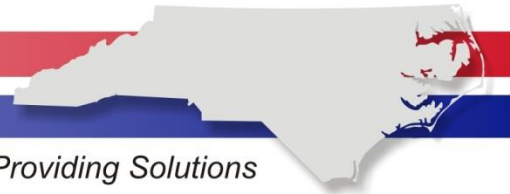
Potlucks are a **KEY** component



Member Orientations



**A good place to start:
www.timebanks.org**



TimeBanking in Louisville

- <http://abcnews.go.com/WNT/video/diane-sawyers-hometown-kentucky-saves-money-helping-21550025>

